

## Questions you might ask your doctor:

- Am I at risk for osteoporosis or spinal fractures?
- Does any health condition I have or medication I take increase my risk for fracture?
- What are the signs and symptoms of spinal fracture?
- What are the possible complications of spinal fractures?
- What treatments are available for spinal fractures?
- Is there anything I can do to reduce my risk for osteoporosis or spinal fractures?